



Jesse L. Even, MD

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EXPERIENCE

Texas Metroplex Institute for Sports Medicine and Orthopedics President and Managing Partner, 2023 to Present
Texas Metroplex Institute for Sports Medicine and Orthopedics, Arlington, Texas, January 1st, 2015-Present
Arlington Orthopedic Associates, Arlington, Texas, August 1st, 2012 – December 31st, 2014
Board Certified in Orthopedic Surgery of the Spine- 2014-Present
Head Team Physician Texas Rangers Baseball Club, LLC- 2025 to Present
Associate Head Team Physician Texas Rangers Baseball Club, LLC- 2023 to 2025
Assistant Team Physician and Spinal Consultant to Texas Rangers Baseball Club, LLC- 2016 to 2022
Assistant Team Physician and Spinal Consultant to Dallas Stars Hockey Club, LLC- 2017 to Present
Spinal Consultant to Dallas Baptist University Athletic Department- 2016 to Present

EDUCATION

UNIVERSITY OF PITTSBURGH, Pittsburgh, Pennsylvania

Orthopaedic Spine Fellowship – University of Pittsburgh Medical Center, August 1, 2011 – July 31, 2012

VANDERBILT UNIVERSITY, Nashville, Tennessee

Orthopaedic Surgery Residency – Vanderbilt University Medical Center, July 1, 2007 – June 30, 2011

General Surgery Internship – Vanderbilt University Medical Center, July 1, 2006 – June 30, 2007

UNIVERSITY OF TEXAS-HOUSTON MEDICAL SCHOOL, Houston, Texas

Doctor of Medicine, May 2006

TEXAS A&M UNIVERSITY, College Station, Texas

Bachelor of Science, Major: Biomedical Science, Minor: Business Administration, Cum Laude, May 2002

PUBLICATIONS/MANUSCRIPTS

- 1) Armaghani, SJ, Even JL, Zern EK, Braly BA, Kang JD, Devin CJ. **“The Evaluation of Donor Site Pain After harvest of Tricortical Anterior Iliac Crest Bone Graft for Spinal Surgery: A Prospective Study.”** Spine. 2016 Feb; 41(4): E191-6.
- 2) Lunardini DJ, Eskander MS, Even JL, Dunlap JT, Chen AF, Lee JY, Ward TW, Kang JD, Donaldson WF. **“Vertebral Artery Injuries in Cervical Spine Surgery.”** Spine J. 2014 Aug 1;14(8):1520-5.



- 3) Even JL, Chen AF, Lee JY. **“Magnetic Resonance Imaging Findings Defining Dynamic and Static Spondylolisthesis in the Lumbar Spine”**. Spine J. 2014 Sep 1;14(9):1965-9.
- 4) Even JL, Gasbarro G, Pantanowitz L, Kang JD, Weiss K. **“An Unusual Cause of Lumbar Radiculopathy”**. Clin Orthop Relat Res. 2015 Jul;473(7):2431-6.
- 5) Even JL, O’Malley MJ, Ward WT. **“Osteoid Osteoma of the Lumbar Spine.”** Spine J. 2012 Oct;12(10):971-2.
- 6) Even JL, Eskander, MS, Kang, JD. **“The Current and Future Use of BMP in Spine Surgery”** J Am Acad Orthop Surg. 2012 Sept; 20(9):547-552.
- 7) Even JL, Richards JE, Crosby CG, Kregor PJ, Mitchell EJ, Jahangir AA, Tressler MA, Obrebsky WT. **“Preoperative Skeletal versus Cutaneous Traction for Femoral Shaft Fractures Treated within 24 Hours.”** J Orthop Trauma. 2012 Oct; 26(10):e177-82.
- 8) Crosby CG, Even JL, Block J, Devin CJ. **“Diagnostic Abilities of Magnetic Resonance Imaging in Traumatic Injury to the Posterior Ligamentous Complex.”** Spine J. 2011 Aug12; 11(8):747-53
- 9) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** Spine (Phila Pa 1976). 2012 Jan 1;37(1):E46-50.
- 10) Even JL, McCullough KA, Braly BA, Hohl JB, Song Y, Lee JY, McGirt MJ, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** Spine (Phila Pa 1976). 2012 Feb 15;37(4):286-91.
- 11) Nyman JS, Even JL, Jo CH, Herbert EG, Murry MR, Cockrell GE, Wahl EC, Bunn RC, Lumpkin CK Jr, Fowlkes JL, Thrailkill KM. **“Increasing Duration of Type 1 Diabetes Perturbs the Strength-Structure Relationship and Increases Brittleness of Bone.”** Bone. 2011 Apr 1;48(4):733-40. Epub 2010 Dec 23.
- 12) Mansour AA, Even JL, Phillips S, Halpern JL. **“Eye Protection in Orthopaedic Surgery: An In Vitro Study of Various Forms of Eye Protection and their Effectiveness.”** J Bone Joint Surg Am. 2009;91:1050-1054.
- 13) Even JL, Zabriskie RC, Molony R, Bick R, Poindexter B, McDonald GA. **“Angiotensin II Decreases Fibronectin Degradation by the Ubiquitin Proteasome Pathway.”** JASN 15: 708A, 2004.



BOOK CHAPTERS

- 1) Even JL, Kang, JD. (2012). **“Axial Neck Pain”**. In Vaccaro A, Su B, Chiba K, Dvorak M, Mayer H, Rajasekaran S, Vialle L, Wang Y, and Youssef M (Eds). The Spine, first edition. Jaypee Brothers Medical Publishers.
- 2) Even JL, Eskander MS, Donaldson WF. (2012). **“Cervical Spine Injuries”**. In Miller and Thompson (Eds.), DeLee and Drez’s Orthopaedic Sports Medicine, fourth edition. Elsevier.
- 3) Eskander MS, Even JL, Kang JD. (2012). **“Transpedicular Fixation”**. In Zdeblick T and Albert T, (Eds). Master Techniques in Orthopaedic Surgery: The Spine, second edition. Lippincott, Williams, and Wilkins.
- 4) Even JL, Lee JY, Lim MR, Vacarro AR. (2012). **“Rationale and Indications of Cervical Disc Arthroplasty”**. In Kim DH, Cammisa FP, Gessler RG, Sengupta DK, Yoon DH (Eds). Dynamic Reconstruction of the Spine, second edition. Thieme.

PODIUM PRENTATIONS

- 1) Even JL, **“Management of Neck Pain and Cervical Disc Herniation in the Professional Athlete”**. National Hockey League Team Physician Society Annual Meeting/Profession Hockey Athletic Trainer Society Annual Meeting, Orlando, FL. June 24, 2018.
- 2) Even JL, Chen AF, Lee JY. **“Magnetic Resonance Imaging Findings Defining Dynamic and Static Spondylolisthesis in the Lumbar Spine”**. North American Spine Society 28th Annual Meeting, New Orleans, LA. October 11, 2013.
- 3) Spina, NT, Even JL, Lee, JY. **“Correlation Between Cervical Spinal Stenosis and the Morphology of Congenital Lumbar Spinal Stenosis.”** North American Spine Society 28th Annual Meeting, New Orleans, LA. October 11, 2013.
- 4) Even JL. **“Spinal Infections and Treatment”**. Vanderbilt University J. William Hillman Orthopedic Lectureship, Nashville, TN. April 18, 2013.



- 5) Eskander MS, Even JL, Dunlap JT, Lee JY, Ward WT, Kang JD, Donaldson WF. **“CSRS-Members Survey of Vertebral Artery Injuries.”** American Academy of Orthopaedic Surgeons Annual Meeting, Chicago, IL. March 21, 2013.
- 6) Even JL. **“Triage of Spine Injuries in Primary Care Medicine.”** Baylor Health Care System CME Meeting, Hurst, TX. February, 23, 2013.
- 7) Eskander MS, Even JL, Dunlap JT, Lee JY, Ward WT, Kang JD, Donaldson WF. **“CSRS-Members Survey of Vertebral Artery Injuries.”** 40th Annual Cervical Spine Research Society Meeting, Chicago, IL. December 6-8, 2012.
- 8) Even JL. **“Spine Surgery 101”.** Baylor Orthopedic and Spine Hospital Nurse Teaching Grand Rounds, Arlington, TX. September 21, 2012.
- 9) Even JL. **“Degenerative Disc Disease and the facts about LASER surgery”.** Baylor Orthopedic and Spine Hospital Community Lecture Series, Arlington, TX. August 30, 2012.
- 10) Even JL. **“Tumors of the Spine.”** University of Pittsburgh Resident Education Lecture, Pittsburgh, PA. May 30, 2012.
- 11) Even JL. **“Sports Related Spine Injuries in Athletes.”** University of Pittsburgh Resident Education Lecture, Pittsburgh, PA. May 30, 2012.
- 12) Even JL, Donaldson WF. **“University of Pittsburgh Spine Fellowship.”** 2011 UPMC Spine Fellows Applicant Interviews. February 18, 2012.
- 13) Even JL, Richards JE, Crosby CG, Kregor PJ, Mitchell EJ, Jahangir AA, Tressler MA, Obrebsky WT. **“Preoperative Skeletal versus Cutaneous Traction for Femoral Shaft Fractures.”** American Orthopaedic Association 125th Annual Meeting, Washington, DC. June 27-30, 2012.
- 14) Donaldson WF, Even JE. **“Academic Spine Practice: Is it for you?”** Interactive Education Program (IEP) Spine Fellows Course Annual Meeting, Miami, FL. November 18-20, 2011.
- 15) Donaldson WF, Even JE. **“Surgery for Low Back Pain and Degenerative Disk Disease...Really?”** Interactive Education Program (IEP) Spine Fellows Course Annual Meeting, Miami, FL. November 18-20, 2011.



- 16) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** Vanderbilt Orthopaedic Society Annual Meeting, Sandestin, FL. May 11-14, 2011.
- 17) Even JL, McCullough KA, Braly BA, Hohl JB, Song Y, Lee JY, McGirt MJ, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** Vanderbilt Orthopaedic Society Annual Meeting, Sandestin, FL. May 11-14, 2011.
- 18) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** 4th Annual Lumbar Spine Research Society Meeting, Chicago, IL. May 5-6, 2011.
- 19) Crosby CG, Corn WC, Even JL, Mencia GA, Devin CJ. **“Biomechanical Analysis of Two Methods of Low-profile, In-line Pelvic Fixation Techniques.”** 4th Annual Lumbar Spine Research Society Meeting, Chicago, IL. May 5-6, 2011.
- 20) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** 36th Annual J. William Hillman Lectureship, Nashville, TN. April 11, 2011.
- 21) Even JL, Richards JE, Crosby CG, Kregor PJ, Mitchell EJ, Tressler MA, Obremskey WT. **“Evaluation of Skeletal versus Cutaneous Femoral Traction for Diaphyseal Femur Fractures.”** Mid-America Orthopaedic Association Annual Meeting; Tucson, AZ. April 4-10, 2011.
- 22) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** Annual Meeting of the AANS/CNS Section on Disorders of the Spine and Peripheral Nerves; Phoenix, AZ. March 9-12, 2011.
- 23) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** American Academy of Orthopaedic Surgeons Annual Meeting, San Diego, CA. February 15-19, 2011.
- 24) Even JL, Hohl J, McCullough KA, Braly BA, Song Y, Lee JY, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** 38th Annual Cervical Spine Research Society Meeting, Charlotte, NC. December 2-4, 2010.



- 25) Crosby CG, Even JL, Block JJ, Devin CJ. **“Diagnostic Abilities of Magnetic Resonance Imaging in Traumatic Injury to the Posterior Ligamentous Complex.”** 3rd Annual Lumbar Spine Research Society Meeting, Chicago, IL. April 8-9, 2010.
- 26) Mansour AA, Even JL, Phillips S, Halpern JL. **“Risk of Conjunctival Contamination is Significantly Decreased with Appropriate Eye Protection.”** 2008 Orthopaedic Trauma Association Annual Meeting Highlight paper and selected for podium presentation at 2009 AAOS National Meeting, Las Vegas, NV. February 28, 2008.
- 27) Mansour AA, Even JL, Phillips S, Halpern JL. **“Risk of Conjunctival Contamination is Significantly Decreased with Appropriate Eye Protection.”** Orthopaedic Trauma Association National Meeting, Denver, CO. October 15-18, 2008.

POSTER PRESENTATIONS

- 1) Even JL, Armaghani S, Kang JD, Devin CJ. **“Evaluation of anterior iliac crest bone grafting for ACDF in the cervical spine.** 41st Annual Cervical Spine Research Society Meeting, Los Angeles, CA. December 5-7, 2013.
- 2) Even JL, Chen AF, Lee JY. **“Magnetic Resonance Imaging Findings Defining Dynamic and Static Spondylolisthesis in the Lumbar Spine”.** American Academy of Orthopaedic Surgeons Annual Meeting, Chicago, IL. March 21, 2013.
- 3) Even JL, Richards JE, Crosby CG, Kregor PJ, Mitchell EJ, Jahangir AA, Tressler MA, Obrebsky WT. **“Preoperative Skeletal versus Cutaneous Traction for Femoral Shaft Fractures.”** 27th Annual Orthopaedic Trauma Association Meeting, San Antonio, TX. October 12-15, 2011. Selected as “Best Clinical Poster of OTA Annual Meeting”
- 4) Even JL, Crosby CG, Song Y, McGirt MJ, Devin CJ. **“Effects of Epidural Steroid Injections on Blood Glucose Levels in Patients with Diabetes Mellitus.”** 29th Annual Vanderbilt Research Forum, Nashville, TN. April 29, 2011.



- 5) Even JL, Holh J, McCullough KA, Braley BA, Song Y, Lee JY, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** 29th Annual Vanderbilt Research Forum, Nashville, TN. April 29, 2011.
- 6) Crosby CG, Corn WC, Even JL, Mencia GA, Devin CJ. **“Biomechanical Analysis of Two Methods of Low-profile, In-line Pelvic Fixation Techniques.”** 29th Annual Vanderbilt Research Forum, Nashville, TN. April 29, 2011.
- 7) Even JL, Richards JE, Crosby CG, Kregor PJ, Mitchell EJ, Jahangir AA, Tressler MA, Obremskey WT. **“Preoperative Skeletal versus Cutaneous Traction for Femoral Shaft Fractures.”** 29th Annual Vanderbilt Research Forum, Nashville, TN. April 29, 2011.
- 8) Even JL, McCullough KA, Holh J, Braley BA, Song Y, Lee JY, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** 176th Annual Tennessee Medical Association Meeting, Nashville, TN. April 15-17, 2011. (winner of Tennessee Medical Association Resident Fellow Section poster competition)
- 9) Wong CC, Corn WC, Crosby CG, Even JL, Mencia GA, Devin CJ, McGirt MJ. **“Biomechanical Analysis of Iliac Screws versus S2 Alar-Iliac Screws.”** Annual Meeting of the AANS/CNS Section on Disorders of the Spine and Peripheral Nerves; Phoenix, AZ. March 9-12, 2011.
- 10) Even JL, Holh J, McCullough KA, Braley BA, Song Y, Lee JY, Devin CJ. **“Clinical Indications for Arterial Imaging in Cervical Trauma.”** American Academy of Orthopaedic Surgeons Annual Meeting, San Diego, CA. February 15-19, 2011.
- 11) Mansour AA, Even JL, Phillips S, Halpern JL. **“Eye Protection in Orthopaedic Surgery: A Clinical Model Examining Various Forms of Eye Protection and their Effectiveness.”** 26th Annual Vanderbilt Research Forum, Nashville, TN. April 23, 2008.
- 12) Even JL, Zabriskie RC, Molony R, Bick R, Poindexter B, McDonald GA. **“Angiotensin II Decreases Fibronectin Degradation by the Ubiquitin Proteasome Pathway in an In-Vitro Model of Renal Fibrosis.”** American Society of Nephrology 37th Annual Meeting and Scientific Exposition, St. Louis, MO. October 30, 2004.
- 13) Even JL, Zabriskie RC, Molony R, Bick R, Poindexter B, McDonald GA. **“Angiotensin II Decreases Fibronectin Degradation by the Ubiquitin Proteasome Pathway in an In-Vitro Model of Renal Fibrosis.”** University of Texas-Houston Summer Research Program, Summer, 2003.



- 14) Even JL, Zabriskie RC, Molony R, Bick R, Poindexter B, McDonald GA. **“Angiotensin II Decreases Fibronectin Degradation by the Ubiquitin Proteasome Pathway in an In-Vitro Model of Renal Fibrosis.”** 9th Annual University of Texas-Houston Research Day, October 2003.
- 15) Levine R, Pfeifer E, Staub C, Even J, Weatherall J, Romano O, Johnson L. **“Effect of Storage Method of Testicular Tissue on Estimates of Sperm Production Directed at the Decline in Human Sperm Count in Recent Years.”**
- 16) Johnson L, Levine R, Pfeifer E, Even J, Weatherall J, Romano O. **“Germ Cell Degeneration During Post-Prophase of Meiosis Increased in Recent Years in Humans.”**
- 17) Even JL. **“Osteogenic Protein-1 (Bone Morphogenetic Protein-7) Effects on ECM (Extra Cellular Matrix) and Renal Development.”** University of Texas-Houston Summer Research Program, Summer, 2000.

HONORS AND AWARDS

PROFESSIONAL

Best Doctors in Dallas by D Magazine, 2017

Best Doctors in Fort Worth by the Fort Worth Magazine, 2015-17

ORTHOPAEDIC SURGERY RESIDENCY

Best Clinical Poster at Annual Orthopaedic Trauma Association Meeting, San Antonio, Texas, 2011

Vanderbilt Orthopaedic Society Kathy Cramer Resident Research Award, 2011

Tennessee Medical Association Resident Fellow Section Best Poster Competition Winner, 2011

Best Preoperative Plan, AO Basic Fracture Course, Denver, Colorado, 2007

MEDICAL SCHOOL

Texas Medical Liability Trust Memorial Scholarship, 2005

Montgomery County Medical Society Scholarship, 2005



NCAA Postgraduate Scholarship, 2002

Big XII Conference Postgraduate Scholarship, 2002

UNDERGRADUATE

Texas A&M University Scholar-Athlete of the Year, 2002

NCAA Academic All-American, 2002

Five-time NCAA Division-I Swimming/Diving All-American, 1999-2002

Varsity Diving Men's Team Captain, 1999-2002

Big XII Conference Athlete of the Year Finalist, 2002

Four-time Big XII All-Conference 1st Team, 1999-2002

Five-time Big XII Conference Academic 1st Team, 1998-2002

Texas A&M University GTE Academic Achievement Award, 1998-2002

Two-time Division-5A Texas High School State Diving Champion, 1996-1997

Junior Olympic 3-Meter National Diving Champion, 1996

EMPLOYMENT EXPERIENCE

POST GRADUATE

TMI Sports Medicine & Orthopedics 2015 to present

Arlington Orthopedic Associates, 2012-2014

University of Pittsburgh Department of Orthopaedic Surgery, 2011-2012

Vanderbilt University Department of Orthopaedic Surgery, 2007-2011

Vanderbilt University Department of General Surgery, 2006-2007

Team Physician: Harpeth High Varsity Football, Kingston Springs, Tennessee 2008-2009



MEDICAL SCHOOL

UT-Houston Research Assistant Department of Nephrology, 2003

UNDERGRADUATE

Mayo Clinic Research Assistant, Department of Pathology, 2002

Texas A&M University Department of Veterinary Medicine, 2002

Texas A&M University Athletic Department Career Services, 2002

UT-Houston Research Assistant, 2000

PROFESSIONAL SOCIETY MEMBERSHIPS

MEDICAL

Fellow American Academy of Orthopaedic Surgery

Fellow American Board of Orthopaedic Surgery

North American Spine Society

Cervical Spine Research Society- Full Member 2017

Texas Medical Association

Tarrant County Medical Society

Pittsburgh Alumni Spine Society

Vanderbilt Orthopaedic Society

National Hockey League Team Physicians Society (NHLTPS)

Major League Baseball Team Physician Association (MLBTPA)

NON-MEDICAL

Texas A&M University Association of Former Students

Texas A&M University Letterman's Association



HOSPITAL PRIVILEGES

Baylor Scott and White Surgical Hospital at Las Colinas- Las Colinas, TX

Trinity Park Surgical Center- Arlington, TX

Methodist Mansfield Medical Center- Mansfield, TX

BOARDS AND COMMITTEES

President and Managing Partner TMI Sports Medicine and Orthopedic Surgery-2023 to present

Baylor Scott and White Surgical Hospital Las Colinas Board Chairman- 2019 to 2022

Baylor Surgical Hospital at Las Colinas Board Member- 2017 to 2022

Baylor Orthopedic and Spine Hospital Medical Executive Committee- 2014 to 2016

Baylor Orthopedic and Spine Hospital Spine Surgery Committee- 2012 to 2016